

# Nurse Leadership Externship Guideline for Success

Presented by the Leadership Development Committee

The STN Nurse Leadership Externship Program is a great opportunity for an aspiring leader in our trauma community. It is an exciting time to network and build lifelong relationships with trauma experts. This document is a guide to a successful year for the STN Nurse Leadership Extern.

#### STEP 1

• The Extern will be assigned an experienced Mentor. Your mentor will call or e-mail you to begin the process.

### STEP 2

- The Extern mentor will arrange monthly phone conference meetings to discuss your barriers & successes. The mentors will arrange:
- 1:1 meetings with leaders during STN Trauma Con
- Help identify 1-2 projects/goals for the upcoming year
- Facilitate joining in special interest groups (SIGs) with STN
- Assist with opportunities to write an article for JTN with STN leadership committee member

#### STEP 3

• We would like to invite the Extern to be the mentor for the STN Nurse Leadership Extern. Your experience will be invaluable to the new aspiring leader.

## Annual Schedule

**January** Congratulations and welcome the Extern to the role as STN Leadership Extern. Meet and Greet with assigned Mentor, attend monthly STN leadership committee meetings.

**Feb-March** Attend monthly STN leadership committee meetings; identify 1-2 key goals and projects with STN leadership committee.

**April** Attend STN TraumaCon in the spring. During the conference, attend the STN Board meeting, which is typically 1 day prior to the conference. Attend onsite leadership committee meetings, attend leadership preconference. Confirm pre-arranged meetings with key leaders during the STN conference.

**May-July** Attend monthly STN leadership Committees, Monthly phone conference with mentor, work on assigned projects for STN.

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**August** Review application and criteria for STN leadership candidate, Attend monthly STN Leadership Committees, Monthly phone conference with mentor, work on assigned projects for STN.

**September-October** Attend monthly STN leadership Committees, Monthly phone conference with mentor, work on assigned projects for STN.

**November** Review STN leadership extern applicants. Attend monthly STN leadership Committees, Monthly phone conference with mentor; work on assigned projects for STN.

**December** Meet and Greet NEW STN Leadership Extern. The Extern from the previous year will be the mentor for the new years' upcoming candidate!!